

# Childcare Viral Illness Excuse



**Dear childcare provider:**

I have evaluated \_\_\_\_\_  
and have diagnosed him/her as having:

- |  |  |
|--|--|
| <input type="checkbox"/> Viral cold or flu       | <input type="checkbox"/> Viral Sore Throat |
| <input type="checkbox"/> Bronchitis (chest cold) | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Middle Ear Fluid        |  |

This illness is caused by a virus and antibiotic treatment will not cure a viral infection. Antibiotics cannot ease the symptoms of a viral infection and do not decrease the transmission of disease to others. Taking antibiotics when they are not needed may be harmful.

In accordance with Minnesota Childcare Rules, this child may return to childcare when he / she:

- is fever-free without fever-reducing medication; and
- does not require more care than the childcare program staff can provide without compromising the health and safety of other children in the childcare; and
- is able to participate in routine daily activities.

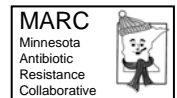
Excluding children with a viral illness does not decrease the spread of infection to other children. Viruses often spread to others even before symptoms of illness occur.

Sincerely,

\_\_\_\_\_  
MD/NP/PA

\_\_\_\_\_  
Clinic Phone Number

\_\_\_\_\_  
Date



[www.minnesotaarc.org/](http://www.minnesotaarc.org/)